



WORKSHOPS & MASTERCLASSES

Improve your leadership with powerful face to face and online masterclasses and workshops. Learn valuable new skills and build on your current ones, wherever you in the leadership pipeline.

COURAGEOUS LEADERSHIP

Find out what it means to be a courageous leader and how to build a team who have trust in you, and are brave and resilient. Explore the philosophy behind courageous leadership and dare to step into your own power as a leader.

LEADING MULTI-GENERATIONAL TEAMS

While generational differences can be exaggerated in organisations, each generation has an important part to play in future leadership and organisational success. It is important that future business leaders appreciate that multi generation workplaces have different expectations when it comes to training and development. Both millennial and Gen Z employees rate development opportunities in the workplace as their top priority and expect to grow themselves and their careers. Our programs are customised to multi-generation workforces and provide the knowledge, skills and practical tools they need to thrive. The focus is on personal growth, communicating with impact and motivating people to achieve.

LEADING HYBRID TEAMS

Business dynamics has changed and leaders need to be able to manage a combination of office based staff and those working remotely. As some organisations have not progressed far with hybrid leadership management, this requires increased focus on efficiency in hybrid operating. This workshop ensures collaboration, team work and communicating in ways that cater for changing circumstances. This will change the mindset of workers and ensure everyday operations occur in a smart way through increased self-awareness, accountability and performance

NEUROSCIENCE OF LEADERSHIP

Brain research is leading us to a greater understanding of how to improve personal and leadership behaviours and performance. Those who grasp the meaning and implications of this research will be positioned to take competitive advantage. This module provides advice on concepts deriving from cognitive neuroscience that can improve your individual performance, as well as that of your team and organisation.



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AUTHENTIC LEADERSHIP

Authentic Leadership is a fundamental start to anyone's journey into leadership. The more you understand and know yourself as a leader, the more you will understand others. This module shows how anyone who follows their internal compass can become an authentic leader

GLOBAL LEADERSHIP SHIFTERS

Due to the nature of the issues we are now facing, today's leaders need to be future focussed. Leaders are needed to realise positive outcomes for a wide range of stakeholders in the decade ahead that will include social, environmental and societal progress. Today's organisations need leadership shifters who can communicate a clear vision, set and execute strategy, and drive change through uncertainty. Learn to increase self-awareness, accountability and performance while supercharging leader confidence and focus. Designed for leaders responsible for business direction, culture and performance.

COURAGE INTELLIGENCE

Like any leadership skill, courage is something that is learned and refined over time and it should form part of a leader's inventory. This module provides future focussed leaders with an opportunity to build their courage as a skill. It transforms the way you think about courage within leadership, and builds your skills as a courageous leader.

LEADING VALUES AND CULTURE

Focusing on values and culture has staying power and leaders need to accelerate this intention into action. Leaders also need to ensure they work at scale and make a sustainable difference to a broader set of stakeholders. Noting the difference in values requirements for multi-generational leadership teams, organizations need to take account of the viewpoints of people of all age groups. Our programs give executives, future, first time and frontline leaders the knowledge, skills and practical tools they need to thrive. The focus is on personal growth, communicating with impact and motivating people to achieve using a values based approach.

STRENGTHS-BASED LEADERSHIP

Successful organisations have identified that the most prominent gains in improvement for individual employees, teams and leaders begins with a primary investment in identifying and working with pre-existing strengths and talents. The key is to discover what traits and talents are most natural for each of us and then build upon these to make them strengths. Strengths-based development involves the identification of talents, integration into one's view of themselves, and the resulting changes in behaviour.

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EMOTIONAL INTELLIGENCE

This module utilises Goldman's Model of Emotional Intelligence to help leaders understand behaviours required to build better relationships and to improve staff performance. Gain an understanding of the background and development of EQ and its relevance in leadership practice.

TRANSITIONING INTO LEADERSHIP

The Transition to Leadership module accelerates the development of new leaders. It provides a learning experience on the mind and heart of a world-class leader. This masterclass incorporates selfdiscovery so that participants feel a compelling need to change and adapt to their new roles and responsibilities.

UNCONSCIOUS BIAS

This module highlights the prevalence of bias, addresses the importance of inclusive leadership, and provides frameworks to support change and improve diversity outcomes. These all contribute to the productivity and performance of your organisation. Using the SEEDS Model by the Neuroleadership Institute we will help break those biases.

LEADERSHIP STYLES

Leadership style is the outward manifestation of the assumptions a person makes about the people that report to them. For that style to be based on a conscious choice rather than intuition or pure reaction, one needs to understand the main options available, receive feedback on one's own perception of their present style and consider whether or not it is appropriate. This is based on the Hersey and Blanchard model of Situational Leadership.

INTERPERSONAL SKILLS & SELF-AWARENESS

The more we know about ourselves as a leader, the more effective we are at leading and understanding others. The ability to understand oneself and how an individual can impact on a work group is the key to effective interpersonal skills

LEADING CHANGE

Change is a constant occurrence. It usually means moving away from something familiar and towards the unknown, which can be very stressful for some people. This module will you give leaders the skills they need to help them embrace change through engagement, contribution and control. It also covers the Neuroscience of change and leadership



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HIGH PERFORMANCE TEAMS

Find the techniques needed to effectively lead a team to high performance - one that is focused on its purpose and engaged to work together to achieve the best results. For ongoing success, leaders must develop their people to work effectively and cohesively.

NETWORKING SKILLS

Networking Skills has been designed for individuals, often technical or professional - who do not feel totally comfortable in networking situations. Find the tools and techniques to achieve more consistency around networking successfully and being relaxed and confident

POWER OF ACCOUNTABILITY

You are not only accountable to your line manager, but also to the colleagues around you. Explore a range of techniques that will enable your team to work together to achieve positive outcomes in the right way

EFFECTIVE DELEGATION

This module provides leaders with the tools and techniques they need to effectively delegate to others. Explore the barriers to effective delegation and learn to develop the confidence to 'let go' of task responsibilities.

COMMUNICATING WITH IMPACT

This module enables you as a leader to gain a better understanding of your communication style and how it impacts your interactions with others. This module touches upon a range of techniques and strategies that enable more effective and confident communication, which is essential for the development and maintenance of workplace relationships.

CONFLICT RESOLUTION & ADVOCACY

This module provides leaders with an understanding of the drivers of conflict. You'll also gain an understanding of the skills needed to effectively intervene and facilitate positive outcomes. It demonstrates a pragmatic approach that will assist you to address issues and resolve conflict, and covers some of the relevant Neuroscience too.

INFLUENCING & NEGOTIATION SKILLS

Influencing and Negotiation Skills takes the basics to another level. You will not only understand and learn to apply valuable negotiation tools but develop the wisdom to decide which ones to use and when. Enhance your skills in negotiations, and influence to lead with increased impact.



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EFFECTIVE TIME MANAGEMENT

The Effective Time Management module will give you the tools, techniques and strategies to eliminate those things that steal time and regain control over your workload. Time Management is a skill like any other, and can be worked on. This module is the best place to start.

MOTIVATING & INSPIRING OTHERS

People motivation is a vital part of your potential business success. Unmotivated individuals and team members are unproductive. This workshop is designed to equip leaders with basic motivation tools, as well as how to inspire others. You will learn the why, what and how of motivation and inspiration with a little Neuroscience.

LEADING UP

The relationship an employee has with their manager is the key relationship in the work situation. There are substantial benefits in developing the ability to manage "your boss". This module focuses on tools and strategies to assist you in effectively managing upward.

GROUP DYNAMICS & TEAMBUILDING

Many goals can only be achieved with the co-operation of others. The productivity resulting from effective groups is a vital element of effective leadership. Learn to develop cohesive teams and an understanding of group dynamics.

CLIENT MANAGEMENT & BUILDING RELATIONSHIPS

Effective client management requires building a relationship in which one can deliver service that reflects a true understanding of their needs and wants. The brain is a connection machine and social organ. This module is all about learning how to build effective and trusted relationships.

LEADERS AS COACHES

It has been proven that organisations that build coaching cultures outperform their competitors. Coaching conversations can bring out the best in your people. If you want to build a motivated, productive team you need this masterclass. Discover how to avoid losing control of your team and its performance, as well gain influence and ability to drive performance.

CONFIDENCE SKILLS

Why is confidence so important? Did you know that studies show us that confidence means more than competence? Leaders not only need the technical knowhow but the confidence to be leaders. This is so that they can drive change and strategy within their organisations. This module will explain why confidence matters, how to build it and what to do about it, along with a little Neuroscience



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PERFORMANCE MANAGEMENT & FEEDBACK

This masterclass is designed to assist leaders to gain the most out of the performance planning and management process, as well as giving feedback. You will learn how to use skills and tools to create a high-performance culture in the management of your team's performance.

POLITICAL SAVVY

Politics is a phenomenon that exists wherever human beings interact. Manoeuvring in political situations is a skill that can be developed like any other, which is what this masterclass is all about. It is a part of communication that can't be avoided, so learning to navigate this tricky subject will help your leadership exponentially.

RESILIENCE

Resilience is vital today. Resilience is the positive adaptation by individuals to their circumstances, despite their experiences of significant stress, change or adversity. Emotional resilience isn't about toughing it out and ignoring feelings. It's about knowing yourself, your stressors, and when to reach out to others. It's also about knowing how to build resilience in those around you, as a leader. This masterclass explores resilience and how to build strength, balance and focus.

IMPACT LEADERSHIP

An essential success factor in implementing strategies is to have a high degree of leadership capability; capable leaders that can turn abstract concepts into real and actionable outcomes. This module explores the effectiveness of leaders, their alignment with business strategy and their ability to grow and develop internal talent are critical in today's competitive industries.

LEADERSHIP PRESENCE

A key and essential element of effective leadership is executive presence. Leadership presence is the ability to demonstrate your value in a compelling way, and the ability to connect with and influence the people around you. In this module, you'll explore the importance of developing leadership presence and actionable key strategies and tactics.

PROCESS IMPROVEMENT

Learn how to execute process improvement projects, and how to sustain the initiative for process improvements. Gain practical skills for analysing and improving work processes and for organising initiatives for continuous improvement of processes with this masterclass.

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STRATEGIC THINKING

As an executive taking on greater leadership responsibilities, you need to learn how to think more strategically and develop an effective strategy for your unit or organisation. The Strategic Thinking module develops your ability to undertake a thorough strategic diagnosis. You'll analyse capabilities, strengths, weaknesses and opportunities, and identify capability and resource gaps in your own business context that could impact your strategy's implementation.

PROJECT MANAGEMENT

This module explores the big picture of project management and the project management life cycle. Learn about what project management is, what the roles and responsibilities are as a project manager and how to effectively manage projects. This masterclass is a must for those who want to develop their project management skills.

WOMEN IN LEADERSHIP

This module is specifically designed to address the unique challenges women face in their leadership journey. Transform your confidence, mindset, capability and skills as a leader. Celebrate yourself as a woman and a leader in this extremely empowering masterclass.

SYSTEMS THINKING

The essence of systems thinking and practice is in 'seeing' issues and challenges in a particular way. This is because how you 'see' things affects the way you approach situations or undertake specific tasks. Learn how to think systemically about issues and challenges, and how to develop system solutions using some of the key concepts used in systems theory. This masterclass is a must for those who want to learn to see things in a new systematic light.

BUSINESS PLANNING

Understanding the importance of business planning is crucial, not just for the 'whole of business' but also for your departments. You'll learn how to structure your business or department in a way that helps you gain more aligned focus and confidence about your business/department model. Learn how to structure these business plans with the necessary information presented in logical step-by-step method on a one-page strategic plan.

PSYCHOLOGICAL SAFETY

Trust: the magic ingredient for healthy, collaborative, and innovative teams. Reflect on your own team and explore what conditions and practices support and get in the way of trust and psychological safety.



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CONTINUOUS IMPROVEMENT

Often referred to as lean training, lean manufacturing, or lean production, our continuous improvement process is critical for your ongoing success. This module provides you with skills and tools that are designed to allow you to improve your workplace as an ongoing process.

COURAGEOUS CONVERSATIONS

Giving constructive feedback is a skill. We not only share our clear formula for difficult conversations, but you will also learn how to manage difficult behaviours and encourage active listening. Take your leadership to the next level with this engaging and powerful masterclass.

MANAGING PEOPLE PERFORMANCE

Regular feedback and cultivating a continual improvement environment are key to bringing out the best in your people and increasing retention. Learn the skills necessary to manage and monitor staff performance situations and processes effectively.

THE LEADER AS A COACH

This module teaches you techniques to motivate and develop others in a constructive way that motivates positive change. Start coaching as a leader immediately with the practical tools and strategies included in this module, that are easily applied in the workplace.

LEADING TEAMS

Leading the right people to the right destination requires skill and constant motivation. As a leader you will learn the skills to execute your plan, resolve conflicts and improve your team performance in this module. Whether you're a first-time leader or an executive, this masterclass will boost your leadership prowess.

TIME MANAGEMENT FOR MANAGERS

When we don't effectively manage our time, the cost is often our personal life and health due to the stress of long hours. Learn to increase your productivity, minimise stress, and the power of saying, 'No'. You can balance your workload and other commitments without suffering burnout - and this module shows you how.

LEADING CUSTOMER SERVICE TEAMS

A customer-centric approach is essential for any business wanting to acquire and retain a strong customer base. Learn how to manage your team so that you meet and exceed your customer expectations. This module is useful for any customer service-based businesses,

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EMPLOYEE ENGAGEMENT & MOTIVATION

Leadership excellence is demonstrated when you have a highly engaged and motivated team who strive to meet your organisational goals. Learning how to keep your staff engaged and motivated is a skill like any other. Transform your workplace culture to one of accountability, recognition and trust.

LEADERSHIP BRAND

A leadership brand conveys your identity and distinctiveness as a leader. A strong personal leadership brand allows all that's powerful and effective about your leadership to become known to your colleagues and stakeholders, enabling you to generate maximum value. What's more, choosing a leadership brand can help give you focus!

LEADERSHIP SHADOWS

We know that leaders cast a long shadow and what leaders say and do has a very large impact and influence on the people around them. Leaders will define the four elements of the leadership shadow for the ideal leader (What I Say, How I Act, What I Prioritise, and How I Measure). You will do a self-reflection activity on what you are already doing well and any areas you would like to improve.

CRITICAL THINKING & DECISION MAKING

Critical thinking is a skill that cannot be underestimated. It can make you stand above the rest as a leader when you can quickly and logically make decisions. This masterclass provides you with the processes to help identify, evaluate and make impactful decisions.

LEADERSHIP WELLBEING

Resilience is essential for leadership excellence. It is a skill to be able to maintain your own resilience while also helping employees adapt and maintain their own wellbeing during times of stress. This masterclass equips you with excellent tools and strategies to build resilient teams.

CONTACT US

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