

The logo for Leadership Headquarters (LHQ) features the letters 'LHQ' in a large, bold, white sans-serif font. Below it, the words 'LEADERSHIPHQ' are written in a smaller, all-caps, white sans-serif font. The entire logo is enclosed within a thin, light green square border.

LHQ
LEADERSHIPHQ

The background of the slide is a dark blue gradient. It features several conceptual illustrations: three human profiles in profile facing right, each with three interlocking gears inside their heads, representing thought and process. Above the first two profiles are two small lightbulb icons with radiating lines, representing ideas. Arched arrows connect these elements from left to right. On the right side, a large, glowing lightbulb is held by a hand, with several radiating lines around it, symbolizing a bright idea or innovation. The overall theme is the connection between thought, process, and innovation.

**Great Leadership
Is Your Edge.**

The Leadership Headquarters

WHY LEADERSHIPHQ



Your people are your GREATEST ASSET,
But only if your LEADERS know how to LEAD.

We create extraordinary ones.

That's where we come in. What makes us unique is that we are bespoke, we are boutique. We go above and beyond. At LeadershipHQ, we partner with forward-thinking organisations to ignite exceptional leadership, build powerful teams, and shape cultures that thrive, not just survive. Whether you're dealing with disengaged employees, siloed teams, burnout, or top talent walking out the door, you're not alone. And you don't need another generic leadership workshop. You need something that works. We don't do cookie-cutter. We don't do corporate fluff. We deliver real, lasting impact.

Innovative Training and Coaching

Tailored leadership programs improve critical thinking, courage, and innovation to equip leaders to handle complex challenges creatively and effectively.

Community and Networking

Access to a vibrant community of forward-thinking leaders provides a platform for networking, sharing best practices, and forming strategic alliances.

Research-Backed Insights

Cutting-edge leadership insights based on the latest research and trends keeps you ahead of the curve in adopting practices that respond to global business shifts and challenges.

Human-Centric Leadership

Emphasis on emotional intelligence, empathy, and employee well-being cultivates a supportive and engaging work environment that boosts productivity and retention.

Customised Solutions

Programs and advice tailored to individual and organisational needs ensures relevance and maximum impact by addressing specific leadership challenges and goals.

LEADERSHIP DEVELOPMENT PROGRAMS

LEADERS LEAD THE CULTURE. THE CULTURE LEADS THE STRATEGY.

IT IS THE KEY TO SUCCESS.

Today's organisations need leaders who can communicate a clear vision, set and execute strategy and drive change through uncertain times. Our Leadership Programs help leaders develop their self-awareness, accountability and performance while supercharging their confidence and focus.

We tailor our leadership programs for **Executives, Emerging, Women and Senior Leaders**, addressing the unique challenges they face in their roles and providing the knowledge, skills and practical tools they need to thrive. The focus is on personal growth, communicating with impact and motivating others to achieve. Our framework is based on three core aspects of leadership:

Leading Self

This is foundational for effective leadership. Leaders must understand who they are, their strengths, weaknesses, values, and motivations to lead authentically.

Leading Others

Leaders must be skilled communicators, empower their team members and act as coaches and mentors, providing guidance, support, and constructive feedback to help team members reach their full potential.

Leading the Strategy and Culture

Leaders must have a clear vision for the future and the ability to inspire others to share and work towards that vision, leaving a leadership legacy.



Workshops delivered monthly for 6, 9 or 12 Months



- In-person
- Virtual or
- Hybrid



- **First time Leaders**
- **Emerging Leaders**
- **Women Leaders**
- **Senior Leaders**



- **Customised Workbooks**
- **Micro-Credentials**
- **Leadership Books**
- **Weekly Resources**
- **Continued Support**
- **Coaching (optional)**



BOOK A CALL



TEAM DEVELOPMENT WORKSHOPS

No more boring workshops!

We are the “Build a Workshop” of brilliant workshops and programs.

Every team is unique - so your leadership development should be too.

With our **Build Your Workshop** option, you can create a fully customised leadership experience by selecting from a range of pre-set modules tailored to your organisation’s needs.

Whether you want to focus on resilient leadership, communication, emotional intelligence, team alignment, or strategic decision-making, we give you the flexibility to design a workshop that delivers the most relevant and impactful learning for your leaders.

We guarantee high-impact, engaging, interactive and fun learning experiences that inspire and motivate your leaders, build teamwork and deliver results.

Virtual Masterclasses

We understand the importance of flexible development options for your teams, and can tailor our content to provide a high-energy, intensive 1 or 2 hour virtual masterclasses to cater to your needs.



- One Full Day
- Two Full Days
- One Half Day
- Two Half Days



- In-person
- Virtual or
- Hybrid



- Leadership Teams
- Department Teams



- Customised Workbooks
- Pre-Readings
- Resources
- Leadership Books



BOOK A CALL



LEADERSHIP BRAIN PROGRAM™

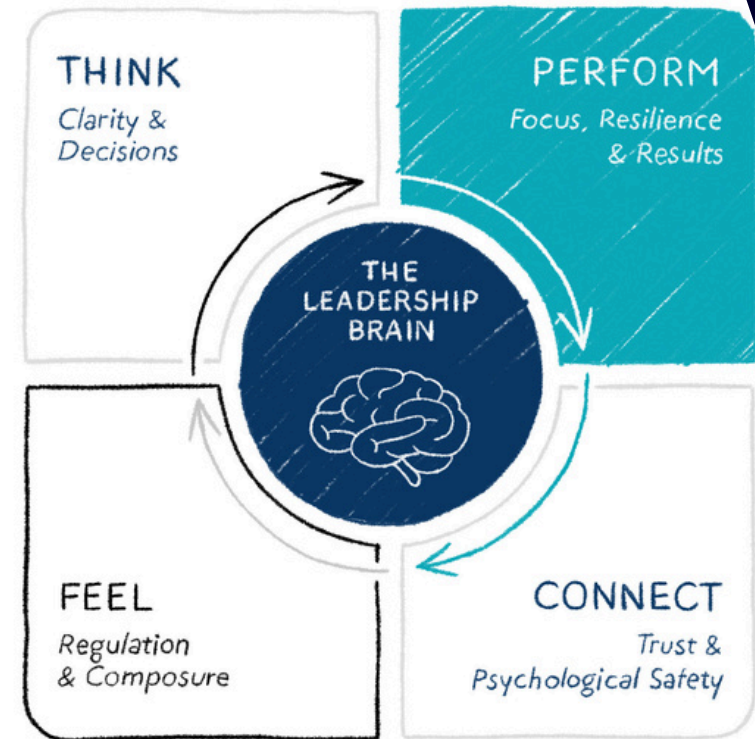
Delivered as either a high level workshop or a six month program.

The Leadership Brain Program™ by LeadershipHQ translates neuroscience into practical leadership capability. In today's complex environments, leaders must make clear decisions, manage pressure, and build trust while guiding teams through constant change. This program explores how the brain influences leadership behaviour, from emotional regulation and decision-making to communication, focus, and team dynamics.

Using The Leadership Brain™ Model – Think, Feel, Connect, Perform – leaders learn how to strengthen three critical capabilities:

- Think – improve clarity, judgement, and decision-making under pressure
- Feel – regulate emotions and maintain calm leadership presence
- Connect – build trust, psychological safety, and stronger team relationships
- Perform – focus energy, sustain resilience, and drive meaningful results

Participants leave with practical tools they can apply immediately to lead with greater clarity, confidence, and impact.



“BUILD A WORKSHOP”

Choose your modules, set the agenda, and let our expert facilitators bring it to life - **your workshop, your way.**

1. Transitioning to a Leader
2. Vision, Values & Beliefs
3. Leadership Styles
4. Personal Branding
5. EQ and Self Awareness
6. Giving and Receiving Feedback
7. Resilience and Grit
8. Communicating with Impact
9. Leading Change
10. Critical Thinking
11. Creative Leadership
12. Accountability in Leadership
13. Trust and Psychological Safety
14. Motivating and Empowering Others
15. Coaching and Mentoring
16. Leading Performance
17. High Performance Teams
18. Overcoming Unconscious Bias
19. Courageous Conversations
20. Conducting One-on-Ones
21. The Four Disciplines of Execution
22. Constructing Culture Speak
23. Neuro-Diversity Leadership
24. Safety Leadership

ONLINE PROGRAMS

START ANYTIME, FROM ANYWHERE

Jump-start your leadership development through an online professional program for emerging, first-time and frontline leaders and professionals wanting to take their seat at the leadership table. You can complete a program on its own or in conjunction with our facilitated programs and coaching.

Work through at your own pace, in your own place and receive training on how to authentically step into a leadership role and create a positive impact on your team and organisation where you can:

- Replace the overwhelm with clarity and direction in your leadership.
- Learn simple ways to cope with stress and overwhelm.
- Gain the skills to develop, empower and lead a team.
- Apply immediately and take away a box full of tools to assist you in your leadership.
- Put into action great techniques and skills to lead teams and people effectively.

Our online programs have four delivery options:

- **Self Paced**

Access online content and work through at your own pace.

- **Self Paced + Group Coaching**

Access online content and meet virtually with a group of other participants plus your facilitator once per month

- **Self Paced + 1:1 Coaching**

Access online content and work 1:1 with your facilitator once per month

- **Bespoke in-house (for businesses and teams)**

Customised online courses branded to your organisation. These can be delivered virtually or hybrid.

"LeadershipHQ have been so wonderful in our journey so far at Lauxes Grates. A group of our Division Leaders (myself included) have taken part in the self paced online leadership course. We have all been enrolled into the program as part of empowering and growing the organisations' next generation of leaders. Thank you LeadershipHQ for creating a digestible and impactful self-paced course on what it means to be an authentic leader in the modern day."

- Division Leader for Culture, Lauxes Grates

 **BOOK A CALL**



WORKSPARKS LEADERSHIP AI COACH

INCLUDED WITH EVERY PROGRAM

WorkSparks™ is a real-time leadership coaching tool designed for the moments that matter most. Instead of waiting for a workshop or coaching session, leaders get immediate support when facing high-pressure situations—difficult conversations, performance challenges, or critical decisions.

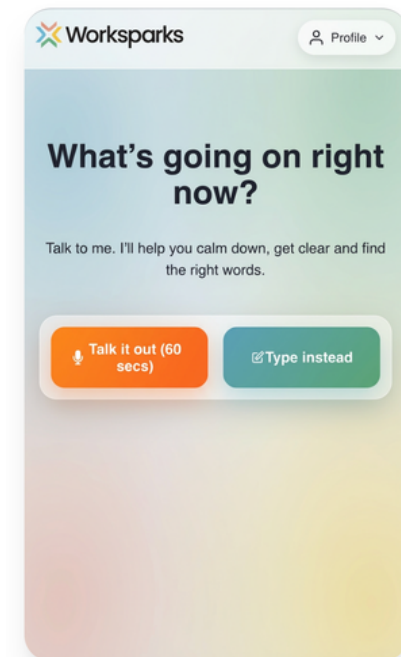
Built on neuroscience and real-world leadership experience, WorkSparks™ helps leaders pause, think clearly, and respond with courage and emotional intelligence right when it counts. Research shows that real-time coaching strengthens decision-making, emotional awareness, and continuous growth in the flow of work, not just in theory.

With WorkSparks™, leaders don't just learn leadership; they practise it in real time.

What it delivers:

- Clarity and confidence in high-stakes moments
- Stronger decision-making under pressure
- Immediate, practical leadership support
- Continuous development beyond the program

Because leadership doesn't happen in theory. It happens in moments.



EXECUTIVE & GROUP COACHING

BECOME THE LEADER YOU WANT TO BE

Our leadership coaches help leaders go from good to exceptional. We partner with small to medium businesses, corporates and government agencies, from the frontline to the Executive Team.

Coaching conversations are built around many ideas, including building self-awareness, uncovering hidden strengths, offering new perspectives, support for goal-setting, accountability, improving communication and enhancing performance.

It's never too early (or too late) to get a coach. Here are some reasons leaders work with us:

- Transitioning from team member to team leader
- Getting ready for the next promotion
- Making the most of a career or life change
- Maximising leadership impact
- Leading through change or uncertainty.

Coaching is a recommended addition to any of our leadership development programs to Supercharge your leadership development. We also offer coaching only packages.



- In-person
- Virtual or
- Hybrid



- Leaders
- Executives
- Middle Management
- Emerging Leaders



- Resources
- Support
- Books



BOOK A CALL



ASSESSMENTS AND DIAGNOSTICS



We offer tools and customised pulse, engagement, self, cultural assessments and surveys that benefit your organisation, leaders and teams. These include:

LeadershipHQ 360 and Self-Assessments

LeadershipHQ has developed a 360-degree self-assessment that forms a critical part of business and leadership success, and we can help you implement the findings and explain the metrics behind them. This tool can be customised at an extra cost.

PRISM Brain Mapping

PRISM is a revolutionary way to identify people's behavioural preferences. It approaches human behaviour from the perspective of neuroscience rather than psychological theory. PRISM's reports show not only people's natural or instinctive behaviour preference but also the extent to which they modify or adapt their preference on occasions to respond to what they see as the demands of specific situations.

Social and Emotional Intelligence (SEIP)[®]

Measures the 26 competencies identified as critical in socially and emotionally intelligent individuals, teams and organisations. In addition to identifying areas of strength and areas for improvement, the report provides detailed descriptions of emotionally and socially intelligent behaviours, as well as extensive exercises to strengthen these areas.

CliftonStrengths Assessment

The assessment measures your unique talents – your natural patterns of thinking, feeling and behaving – and categorises them into the 34 CliftonStrengths themes. The pinpoint accuracy will leave you inspired and empowered with a newfound self-awareness.

SOME GREAT CLIENTS WE HAVE WORKED WITH...



LeadershipHQ has been instrumental in developing my transition from manager into leader.

TESTIMONIALS



Helping Youturn Leaders Thrive

6 Month "Leadership Legends" Program and Executive Coaching

"LeadershipHQ delivered a 6-month tailored leadership program that was extremely beneficial and well worth the investment of time and money. They allowed ample time for reflection and discussion, yet ensuring that we met all expected outcomes. I would certainly and wholeheartedly recommend LeadershipHQ"

JAMES BLEVIN, CEO, YOUTURN



Leadership Impact and ROI

9 Month Emerging Leaders Program - 9 Cohorts over 3 Years

As a HR Manager, I've experienced many leadership programs, but this one stands out. They took the time to understand our culture, our people, and our unique business needs, ensuring the program was tailored for maximum impact. The results have been outstanding. We've seen significant improvements in leadership effectiveness across the areas where the program has been implemented. Our leaders have been challenged to rethink how they collaborate, communicate, and inspire their teams, leading to a stronger, more engaged workforce. The monthly workshops have been particularly valuable, allowing our leaders to apply their learnings in real-time. I highly recommend this program to any business looking to cultivate strong, capable, and resilient leaders who can drive meaningful and lasting change.

RUTH HAVEN, HR MANAGER, SEYMOUR WHYTE

CREATING LASTING IMPACT



LeadershipHQ have helped thousands of leaders and companies around the globe, and counting...

Call us

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Drop us a line

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